

Diabetes Services

Locations & Hours:

**ST. IGNATIUS HEALTH CENTER
DIABETES PROGRAM NURSE**

35401 Mission Drive
St. Ignatius, MT 59865
(406) 745-3525 EXT 5028

Mon-Fri: 8:00 AM-5:00 PM

Various diabetes services are offered across the Tribal Health network. Please call for information regarding hours and locations of specific diabetes services.

Services Provided:

The Tribal Health network offers a comprehensive array of services for people with pre-diabetes and diabetes, including the following:

- Diabetes screening and education regarding disease management and nutrition. Screenings are offered in an eligible recipient's home, in a Tribal Health office, or at community events.
- Chronic disease management by high-quality health care professionals.
- Podiatry and endocrinology visiting specialists for people with diabetes. Monthly podiatry clinics are held at the St. Ignatius and Polson Health centers, and monthly endocrinology clinics are held at the St. Ignatius Health Center.
- Diabetes self-management education, individually and through group classes. Case management is provided by a registered nurse. A diabetes program nurse provides diabetes education, and a registered dietitian provides nutrition services to Tribal Health recipients.
- Diabetes prevention program, called Prevent T2. Classes are led by a certified lifestyle coach holding a bachelor's degree in exercise science. The goal of the Prevent T2 program is to prevent diabetes from occurring in people who have pre-diabetes.
- Education regarding self-injections or administering weekly injections per health care providers' orders.
- Medication management and monitoring in an eligible recipient's home in a Tribal Health office, or while the recipient is legally detained, as ordered by a health care provider.
- Wound care in an eligible recipient's home, or a Tribal Health office as ordered by health care providers, when wounds can be managed by nurses and do not require extensive care.
- Wound care is provided in an outpatient setting in the St. Ignatius Health Center Physical Therapy Clinic by a physical therapist with a physician's order.
- Monthly diabetic foot care clinics in Elmo, Hot Springs, Polson, Ronan, St. Ignatius, and Arlee Health Centers. This service is also offered to elderly or disabled recipients who are not diabetic but need assistance with foot care.
- Diabetic eye care and early intervention in eye disease caused by diabetes.