



## Locations & Hours:

### **POLSON HEALTH CENTER OPTICAL CLINIC**

#5 Fourth Avenue East  
Polson, MT 59860  
(406) 883-5541

CLINIC AND OPTICAL DISPENSARY  
**Wed-Fri: 8:00 AM-5:00 PM**

### **ST. IGNATIUS HEALTH CENTER OPTICAL CLINIC**

35401 Mission Drive  
St. Ignatius, MT 59865  
(406) 745-3525

CLINIC AND OPTICAL DISPENSARY  
**Mon-Tue: 8:00 AM-5:00 PM**

## Services Provided:

**A**t the Tribal Health Optical Clinic, a licensed optometrist performs routine eye exams, dispenses glasses and contact lenses, and detects eye disease.

Optometrists specialize in examination, diagnosis, and treatment of impairment and disease of the visual system.

Treatment may include prescription of medicine, glasses, contact lenses, and other optical aids.

At Tribal Health, recipients may purchase glasses from a large selection of high-quality frames, in addition to contact lenses and supplies.

A comprehensive eye exam begins with a complete health history. Allergies, chronic diseases (e.g. diabetes), prescription and non-prescription drugs, and health conditions such as high blood pressure can all affect vision. The optometrist will check the interior and exterior eye as well as the surrounding area for defects and disease, and assess the ability to see clearly at near and far distances, eye coordination, color vision, depth perception, refractive error, and field of vision. Based on the results of this examination, the optometrist may prescribe medication and/or corrective lenses (glasses or contact lenses) as needed.

Optical services include:

- Eye examinations for adults to identify vision and health problems.
- Eye examinations for children, per medically recommended guidelines, at ages 6 months, 2 years, 4 years, and every two years while in school.\*
- Prescription eyeglasses and contact lenses to correct vision.
- Diabetic eye care and early intervention in eye disease caused by diabetes.
- Eye disease care and access to resources for eye problems not related to glasses or contact lenses.
- Surgical eye care co-management resources regarding appropriateness of surgery, referral for surgery, and both pre- and post-surgical care.

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\*Recommended by:

American Medical Association  
American Ophthalmology Association  
American Optometry Association